

“Our experience has been nothing but excellent; the group was sympathetic to our emotional needs, and always treated us with the most respect.” - Group Attendee

Join the New Couples Infertility Support Group

6:00 pm-7:30 pm
900 Welch Road, Suite 200

January 24th, February 28th, March 27th, April 24th ...
(This is an on-going therapist led group meeting the 4th Tuesday of every month)

****No Charge****

If you're struggling to get pregnant, come together with other couples interested in learning how to gain support and improve their relationship in a supportive and nurturing environment.

- ◆ **L**earn how to talk about your fertility concerns with your partner in a way that strengthens your relationship and leaves you feeling understood.
 - ◆ **W**ork together to keep your marriage or partnership strong
 - ◆ **G**ain stress management and relaxation skills
- ◆ **B**uild a community with others who understand and share your situation, challenges, and frustrations
- ◆ **U**nderstand what fertility resources and options are available to you

Contact

or call Penny Donnelly RN, LMFT, at 650-723-6408 or email pdonnelly@stanfordmed.org.